

## Arcturus HealthCare, PLC Controlled Substance Policy

If you are prescribed certain narcotics by your treating physician, be advised that we abide by, and require that all patients abide by, certain rules and guidelines as required by law. Narcotics relevant to this Policy include those listed on the reverse side.

PATIENT NAME: \_\_\_\_\_

DOB: \_\_\_\_\_

MEDICATION: \_\_\_\_\_

### Rules

### Warnings

- Patient is responsible for providing his or her Arcturus Healthcare physician with all personal and family history of alcohol/ drug abuse.
- Patient will not share, sell, trade, or give away any medication or goods, services, or otherwise and will use them only as prescribed.
- Patient will not use any controlled substances, including marijuana, cocaine, etc. except as authorized by an Arcturus Healthcare physician.
- Patient will not seek out narcotics or controlled substances from a source other than the medical staff at Arcturus Healthcare.
- Patient will completely eliminate any use of alcohol and all previously used medications, unless told otherwise by an Arcturus Healthcare physician.
- Patient will only use medications as prescribed by his or her Arcturus Healthcare physician, will not accept any outside prescriptions for controlled substances, and will provide physician with a list of all medications he or she is currently using.
- Patient is responsible for the safe use of his or her narcotic medication, including using only the prescribed amount and storing it in a safe location.
- Patient is responsible for notifying his or her Arcturus Healthcare physician if his or her pain does not decrease and function does not increase or if he or she notices any sign of dependence or addiction.
- **Arcturus Healthcare will periodically assess the patient's Michigan Automated Prescription System (MAPS) report and any applicable prescription monitoring program.**
- Patient is responsible for notifying his or her Arcturus Healthcare physician of any changes in medical status, including inability to perform daily activities, and any change in medication use.
- Arcturus Healthcare will only dispense prescription refills pursuant to your narcotics maintenance program. Medication will not be filled early if you over-use, run out, or misplace your medication.
- Prescriptions will only be dispensed in accordance with patient's treatment schedule and will not be refilled early.
- Patient agrees to submit to routine blood work or random drug screens including, without limitation, urine/serum medication levels and hair, urine, drug testing as required as part of treatment.
- **Safe disposal of opioids has shown to reduce injury and death in family members. Proper disposal of expired, unused or unwanted controlled substances may be done through community take-back programs, local pharmacies, or local law enforcement agencies. Information on where to return your prescription drugs can be found at: <http://www.michigan.gov/deqdrugdisposal>.**
- It is the patient's responsibility to attend all appointments.

- It is a felony to obtain medication under false pretenses.
- **The delivery of a controlled substance is a felony under Michigan Law.**
- **Using narcotics for a prolonged period of time may lead to side effects not limited to light headedness, dizziness, nausea, constipation, fluid retention, anxiety, swelling of extremities, mood changes, depression, decrease in hormone levels, kidney or liver problems, blurred vision, loss of appetite, drowsiness or dependence. Misusing medication may cause death or serious bodily injury.**
- Chronic opioid use can lead to a decrease in testosterone and other hormone levels that may lead to side effects such as decrease in sexual drive and infertility.
- Dependence is the need for narcotic medicine to relieve pain symptoms; addiction is both physically and mentally needing narcotic medication to satisfy the need of a habit.
- Some types of pain cannot be completely relieved with the use of narcotics.
- Narcotics impair cognitive abilities and should not be used while operating heavy machinery.
- Limited evidence exists of the benefits of long-term opioid therapy.
- Arcturus Healthcare is not a drug abuse program pursuant 42 C.F.R. Part 2.
- Arcturus Healthcare will run a Michigan Automated Prescription System (MAPS) report on all patients prior to the prescription of narcotics.
- The MAPS report may be stored in your file.
- **For a female who is pregnant or is of reproductive age, the heightening risk of short and long-term effects of opioids, including but not limited to neonatal syndrome.**
- Arcturus Healthcare will discharge any patient who does not comply with this Policy.

Sign below to certify that you have read the above Policy and understand the content in its entirety.

\_\_\_\_\_  
Patient Signature/Date

\_\_\_\_\_  
Provider Signature/Date

\_\_\_\_\_  
Printed Patient Name

\_\_\_\_\_  
Provider Printed Name